

Lesson 10: People and Personalities

Lesson Objective

By the end of this lesson, you will be able to:

- ✓ Defining and understanding "personality"
- ✓ positive and negative personalities
- ✓ careers and personality expectations

In carrying out your daily activities, you must interact with many people. To be able to maintain good relations with colleagues, clients, customers or friends you need to understand the personality of each person. Personality is a characteristic way of thinking, feeling, and behaving. Personality embraces moods, attitudes, and opinions and is most clearly expressed in interactions with other people.

Personality is very unique because it differs from one person to another. It plays an important role in determining whether a person will be comfortable in a particular situation. Therefore, personality play a significant role in helping people determine occupations that match for them. By better understanding who you are and identifying the various elements of your own personality, you can make better decisions about careers.



That is why in a job interview, an interviewer will ask about your personality to see your suitability with the available job vacancies.

Here are some questions regarding a person's personality.

How can you describe your personality?

How would you describe your personality?

What kind of person are you?

What are your strongest personality traits?

What makes your personality good for the role?

So, how can you describe your personality? You can use these common personality adjectives.

Positive Personality Adjectives

Negative Personality Adjectives

affectionate

brave

bright

broad-minded

calm

careful

charming

communicative

compassionate

confident

considerate

courteous

creative

decisive

determined

diligent

easy-going

energetic

enthusiastic

fair-minded

faithful

fearless

forceful

arrogant

boastful

bossy

careless

compulsive

cowardly

cruel

cunning

cynical

deceitful

dishonest

foolish

fussy

greedy

grumpy

gullible

hostile

impatient

impolite

impulsive

indecisive

irresponsible

jealous

friendly

funny

generous

gentle

gregarious

hard-working

helpful

honest

humble

humorous

independent

intelligent

intuitive

inventive

loyal

modest

optimistic

passionate

patient

persistent

polite

powerful

rational

reliable

lazy

materialistic

mean

miserly

moody

narrow-minded

nasty

naughty

nervous

obsessive

obstinate

pessimistic

possessive

quarrelsome

quick-tempered

resentful

rude

sarcastic

selfish

silly

sly

stingy

stubborn

timid

responsible

romantic

sensible

sincere

sympathetic

thoughtful

tidy

tough

versatile

warm-hearted

witty

weak-willed